



DO YOU HAVE TYPE 1 DIABETES?

Did you engage in regular exercise during pregnancy and are over 17 years of age? If yes... we need your help!

We are looking for people who participated in any type of exercise, including but not limited to running, cycling, or swimming. We are trying to understand how, if, and/or when you modified your exercises and your insulin doses. We also want to know about your reproductive, pelvic floor, and mental health prior to, during, and following pregnancy.

Time: 15-20 minutes

ANONYMOUS SURVEY

FOLLOW THIS LINK TO ACCESS THE SURVEY:

<https://redcap.ualberta.ca/surveys/?s=HLW4EF4YMPNH3ERP>

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