

Low Blood Sugar



MOOD SWINGS



WEAKNESS



HEADACHE



BLURRED VISION



DIZZINESS



HUNGER



SWEATING



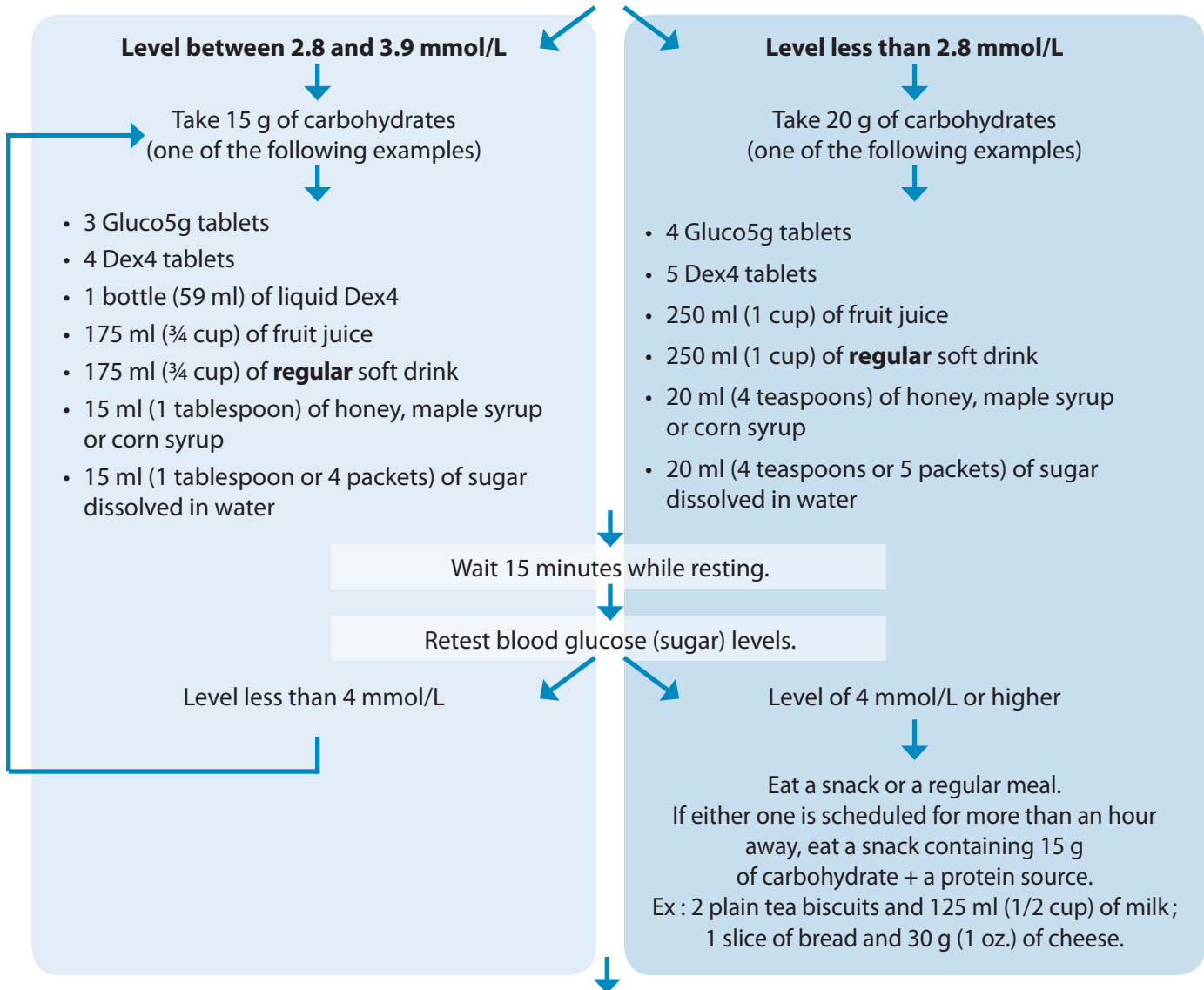
TREMBLING

Hypoglycemia

How to Treat Hypoglycemia (Low Blood Sugar): Conscious Individual

Treat the hypoglycemia promptly, even if it occurs right before a meal.

If possible, take a blood glucose reading with a finger prick right away.



Try to identify the cause of the hypoglycemia.

(lack of carbohydrates, over-exercising, error in the schedule or the dose of insulin or other diabetes drugs, stress, alcohol consumed without food)

Attention ! Diabetic individuals who take acarbose (Glucobay®) along with insulin or an insulin secretagogue¹ must have their low blood glucose treated with glucose (3 tablets of Gluco5g, 4 tablets of Dex4), 15 ml (1 tablespoon) of honey or 300 ml (1¼ cup) of milk, because the absorption of these specific foods is not blocked by the acarbose's action.

1. Gliclazide (Diamicon® and Diamicon MR®), Glimépiride (Amaryl®), Glyburide (DiaBeta®, Euglucon®), Nateglinide (Starlix®), Repaglinide (GlucoNorm®).

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